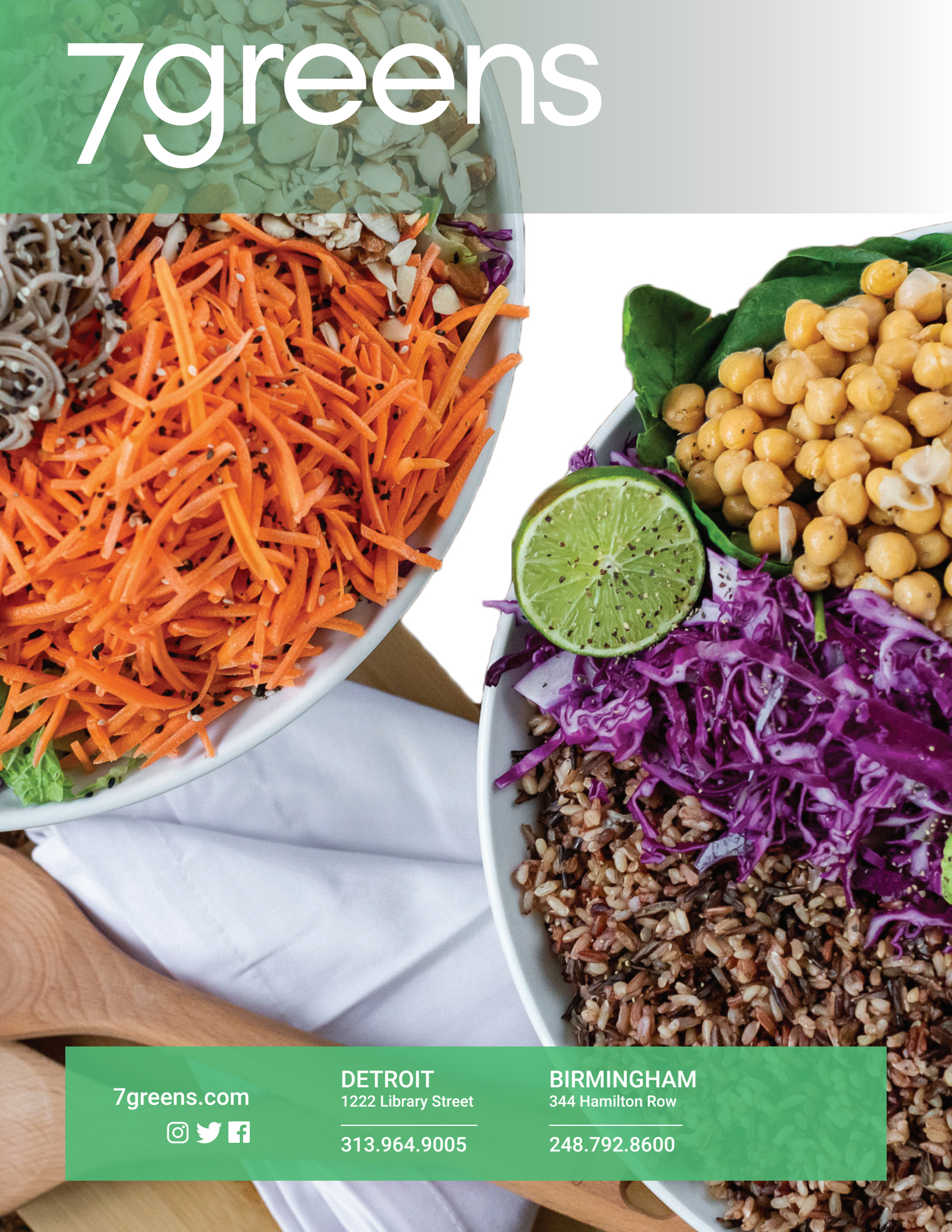


7greens



7greens.com



DETROIT
1222 Library Street

313.964.9005

BIRMINGHAM
344 Hamilton Row

248.792.8600

CATERING

Lettuce make your next small meeting or large group event a hit! We offer healthy gourmet catering with several flexible options, and our healthy food will leave attendees satisfied (not stuffed), energized (not sleepy), leading to increased engagement and productivity. All ingredients are prepared in-house and made from scratch daily, including all of our gluten free sauces. Order individual salads or party packages for each attendee, large salads and wrap platters for a group to share, or offer guests an entire salad bar so each can fashion his or her own salads. Include our fresh daily soups, sweets and drinks. Review our full menu for a complete list of our classic salads, fashion-your-own ingredients, sides and beverages.

CATERING PACKAGE OPTIONS

- All-In Party Packages
- Classic Salad
- Satellite Salad Bar
- Classic Bowl
- Brown Bag Lunch

7 GREENS CATERING GUIDELINES

Please review the following guidelines prior to placing your order

- Of course we will do our best to accommodate last minute orders
- A 50% deposit is required when you place your order
- Any cancellation within 24 hours is subject to a loss of deposit
- Delivery is available on orders of \$100 or more for an additional charge
- We accept AMEX, Visa, Mastercard, Discover, company check or cash
- All sauces served on the side
- Substitutions available upon request
- Call our Catering Consultants to place your order:
Birmingham KARINA 248.792.8600 | Detroit TINA 313.964.9005
- Inquire online or leave a message for one of our catering consultants. One of our catering consultants will call you by 5:00pm the same business day to discuss your event.
- Utensil package and extra container fees may apply



get sauced

Satellite Salad Bar

For parties of 20+ | \$21.95 per person

LETTUCE (choose 3)

Kale	Nappa Cabbage	Organic Baby Spinach	Romaine
Mixed Greens	Organic Arugula	Red Cabbage	

PREMIUMS (choose 3)

Avocado	Curried Tuna Salad	Organic Spicy Tofu	Quinoa Tabbouleh
Bacon	Grilled Chicken	Quinoa	Soba Noodles
Hard Boiled Egg	Roasted Brussel Sprouts	Hummus	

CHEESES (choose 2)

Local Feta	Shaved Parmesan	White Cheddar
Goat Cheese		

VEGETABLES & DRIED FRUITS (choose 8)

Banana Pepper	Chickpeas	Red Onion	Raw Beets
Bean Sprouts	Raw Corn	Green Onions	Spicy Broccoli
Black Beans	Cucumbers	Kalamata Olives	Dried Michigan Cherries
Carrots	Curried Cauliflower	Roasted Sweet Potato	
Cherry Tomatoes	Edamame	Baked Parmesan Crisp	

GRAINS & NUTS (choose 2)








Raw Almonds	Sunflower Seeds
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CRUNCH (choose 2)

Crazy Good Butterons	Organic Blue Corn Chips	Pita Chips	Toasted Ramen
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SAUCES (choose 3)

all sauces are made from scratch and are paleo, keto-friendly and gluten free.

Balsamic 	Jalapeño Cilantro	Extra Virgin Olive Oil 	Sesame Garlic 
Beet Greek	Lime Vinaigrette	Pomegranate Sumac 	Spicy Cashew 
Chipotle Ranch	Miso	Creamy Ginger	Walnut Pesto 
Caesar	Maurice	Sriracha Drizzle 	Champagne Vinaigrette

Our chicken is grass fed, hormone and antibiotic free.

We use brown, organic, cage-free eggs.

Our sauces and dressing are paleo, keto-friendly, and gluten free.

We only use natural sweeteners in all of our recipes.

All-in Party Packages

We will fashion lunch for your event with our classic large salad bowls, wrap platters, classic large warm bowls, and your choice of freshly baked homemade chocolate chunk cookies or chips.

SMALL EVENT (Serves 12-16) | \$300

2 large bowl salads
16 half wraps
16 chocolate chunk cookies or assorted chips

MEDIUM EVENT (Serves 18-20) | \$375

3 large bowl salads
20 half wraps
20 chocolate chunk cookies or assorted chips

LARGE EVENT (Serves 25-30) | \$550

5 large bowl salads
30 half wraps
30 chocolate chunk cookies or assorted chips

- Contact our Catering Manager for parties larger than 30
- Extra premiums and water available upon request (additional charges apply)
- Additional cookies \$1.75 per person
- Additional chips \$1.75 per person
- Mix and match cookies and chips
- 32 oz. of roasted organic grass fed chicken, hormone & antibiotic free - \$25

Brown Bag Lunches

\$15.95 per person

- Choice of wrap from classic menu
- Cookie
- Bag of chips

Classic Salad Menu

Large Bowls Serve 8-10

DETROIT GREEK \$45.00

Romaine, raw beets, local feta, cherry tomatoes, cucumbers, kalamata olives, red onion, *beet greek sauce*

LAS BEAR \$45.00

Romaine, corn, black beans, cherry tomatoes, avocado, organic blue chips, white cheddar, *chipotle ranch sauce*

WOK IT TO ME \$45.00

Nappa cabbage, red cabbage, carrots, green onions, soba noodles, edamame, toasted ramen, slivered almonds, sesame seeds, *creamy ginger sauce*

BERTIE \$55.00

Mixed greens, curried tuna salad, kalamata olives, tomatoes, raw green beans, hard-boiled egg, pepper, *champagne vinaigrette*

MAURICE WHO? \$55.00

Romaine, baby spinach, sweet gherkin, roasted turkey, hard-boiled egg, parmesan crisps, bacon, *maurice sauce*

YOGA GIRL \$50.00

Baby spinach, kale, quinoa, carrots, raw beets, roasted brussel sprouts, organic spicy tofu, sriracha drizzle, *miso sauce*

KFOXY \$30.00

Romaine, shaved parmesan, crazy good butterons, *caesar sauce*

CHACHIE \$50.00

Romaine, red onion, tomatoes, cucumbers, hummus, quinoa tabbouleh pita chips, *pomegranate sumac sauce*

Classic Warm Bowl Menu

Large Bowls Serve 8-10

POPEYE \$55.00

Warm organic brown rice, spinach, kale, carrots, blistered tomatoes, local feta, grilled chicken, lemon drizzle, *walnut pesto sauce*

HIPPIE \$50.00

Warm quinoa, red cabbage, corn, black beans, radish, green onions, organic blue chips, avocado, salsa fresca, vegan taco meat, hemp hearts, lime drizzle, *spicy cashew & cashew sour cream*

SPICY BUDDHA \$45.00

Warm organic brown rice, spinach, red cabbage, roasted sweet potatoes, chickpeas, raw beets, avocado, lime drizzle, *spicy cashew sauce*

Homemade Soups

Monthly soup specials are available upon request.

Please inquire with your catering representative.